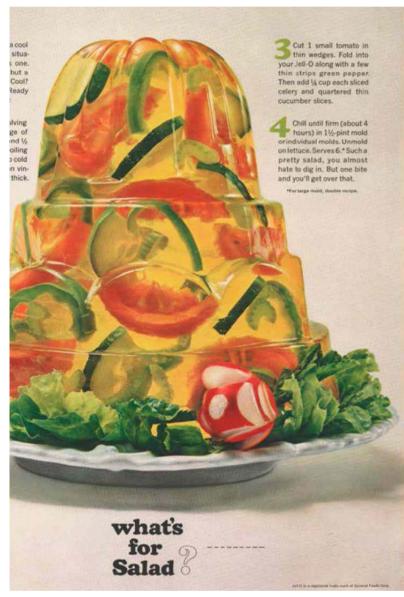
CARTHA

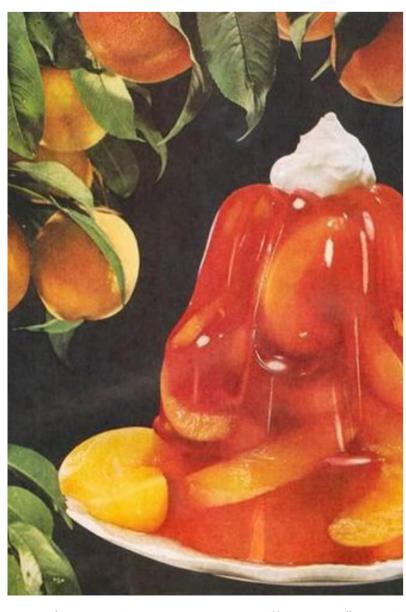
CARTHA 2024 SINCERE FUN

Jiggly Jelly Family Fruit Salad, with some impostors

Radu Remus Macovei



© Kraft Heinz Company in Grey, Sarah. "A Social History of Jell-O Salad: The Rise and Fall of an American Icon." 02.07.2023. seriouseats.com. retrieved: 03.12.2024.



© Kraft Heinz Company in Jon Williamson. "JELL-O -19590622 Life." 07.04.2010. flickr.com. retrieved: 03.12.2024.

Recipe

Course: the Fruit in the Brown Bag, sort of

Servings: 6

Time: 15 minutes (+ cooling time)

Ingredients:

full fruit 1 large strawberry* (red) 1 small peach* (pink) juicy fruit 1 small cucumber** (green) *impostor fruit?* bunch fruit 1 small bunch of grapes** (red-ish) fizzy, crunchy leaf 1 curly lettuce leaf, rolled** (green) complement? 1 cured ham, rolled** (pink) 3 3 oz JELL-O boxes (1 cherry red, 1 lime green, 1 lemon yellow) 6 2.2 x 2.2 x 2.2" (rough dims) transparent cube cups (ideally with bulbous lids) cooking spray water

Instructions

Select the strawberry, peach, cucumber,*** grapes, lettuce and ham carefully for dimensions. Pick ripe super-saturated ingredients.

Go to a store's baking section, ideally one that provides many options, and search for 6 identical transparent cups which take the closest shape to a cube of min. $2.2 \times 2.2 \times 2.2$." Ideally, they will also have bulbous lids.

Spray the transparent cube cups with cooking spray.

Place each of the first 6 ingredients (strawberry, peach, cucumber, grapes, lettuce and ham) in its own transparent cup. Some should stick out partially (bunch of grapes, cucumber, rolled lettuce, rolled ham), some will fit in snug (strawberry, peach) – both are alright.

Follow instructions from the JELL-O box – generally you need to add boiling water to gelatin mixes in medium bowl; do not mix the 3 JELL-O boxes together – you have to repeat this process for each flavor and color.

Stir 3 min. until completely dissolved. Pour into transparent cups over the ingredients according to a complementary color arrangement between JELL-O and ingredient:

The cherry red JELL-O mix is poured into the cubes with the cucumber and lettuce leaf.

The lime green JELL-O mix is poured into the cubes with the strawberry and grapes.

The lemon yellow JELL-O mix is poured into the cubes with peach and ham.

The strawberry and peach may want to float, so push

with fingers to immerse fruit completely in jelly. The others may float, but are also allowed to stick out, so push gently to firmly anchor them into the jelly, but do not allow them to completely immerse.

Refrigerate 3 hours or until firm.

Remove from refrigerator just before serving and place one at random in each brown bag.

After the guests remove the jelly cup from the bag, they are asked to place them at the middle of the table to reveal the deconstructed fruit salad.

Consume your own in its entirety or share with others.

*** cucumber is a fake veggie as it is botanically a fruit.

Opposite image: Radu Remus Macovei, "Jiggly Jelly Family Fruit Salad, with some impostors", cover image presented at "Brown Bags" exhibition and event at Architecture 2 Gallery in Winnipeg, Canada, on March 18, 2024.

^{*}needs to fit comfortably within a 2.2 x 2.2 x 2.2" cube.

^{**}needs to fit partially in a 2.2 x 2.2 x 2.2" cube, having pieces sticking out of the cube.

